Youth EFNEP
Evaluation Tool
for grades K-2

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Question and Answer

Q: Who can administer the youth evaluation tools?

A: Each state with EFNEP programming will be expected to use these evaluation tools. Who actually administers the tool will depend on your program and how you work with your partners. Youth Educators can administer the youth evaluation tools or there may be instances where teachers or teacher assistants are the ones who administer the youth evaluation tools.

Q: When can I begin to use the youth evaluation tools?

A: Immediately! The evaluation tools can be used with programs that end on or after October 1, 2012. This aligns with the release of the new Web-based Nutrition Education Evaluation and Reporting System (WebNEERS). WebNEERS was designed to collect and report youth data using these new tools.

Q: Do we have to use the youth evaluation tools for FY2013?

A: National EFNEP’s expectation is that everyone will make an effort to begin using the new youth reporting tools as soon as possible. Responses to questions you may have used in the past cannot be captured in WebNEERS so if you do not begin using the new youth evaluation questions, we will have no way to measure or report youth impact data for FY2013. These questions may be subject to additional revisions in the coming years as a result of additional testing. Our ultimate goal is to provide high-quality evaluation tools intended for use in the EFNEP youth program.

Q: Are these youth evaluation tools intended to be used with series of lessons or with one time presentations?

A: These evaluation tools are intended to be administered with series of lessons. We don’t recommend using them for one time presentations.

Q: Are the youth evaluation tools to be administered in a group setting or in a one-on-one setting?

A: The youth evaluation tools can be used in a group setting or a one-on-one setting. You can choose the method that works best with your county.

Q: Should I administer the evaluation tools to all of the children in our programs or to a sample of children?

A: The youth evaluation tools are intended to be administered to all of your EFNEP participants from kindergarten to twelfth grade. However, right now we are only asking you to administer to those in grades K to 2nd.
Q: Are these evaluation tools intended to be used with a specific curriculum?
A: No, the questions were selected based on the goals and objectives of EFNEP.

Q: How were the question topics selected?
A: The key concepts were determined from the 5 areas of EFNEP, followed by a review of the nutrition literature to find specific questions. The evaluation tools include questions that are aligned with what children should be learning.

Q: In what languages are the evaluation tools available?
A: For now, these evaluation tools have been developed in English only.

Q: Do you have instructions on how to administer the evaluation tools?
A: We are providing sample scripts to introduce the tools to students. We suggest administering the evaluation tools in a standardized way to ensure comparability of results. Here are general instructions on how to administer the evaluation tools:

- For K-2 we suggest that you read the evaluation questions to the children.
- The pre-evaluation tools should be administered to all youth groups on the first day of a given series, preferably as part of the first lesson.
- The post-evaluation tools should be administered on the last day of the series.
- Instructors or teachers should not rephrase questions, but can read a question aloud if needed, reading it exactly as written

Q: Do the evaluation tools have a script to read to the students?
A: You will find a sample script attached.

Q: Have the evaluation tools been tested for validity and reliability?
A: Not yet. The National EFNEP research team will continue to perform additional testing on them over the course of the next year.
A. Sample Script

Today you will answer a survey that asks questions about your food and physical activity. I will read a question and you will mark your answer on the paper. Other children in this room will know your answers. If you don’t want to answer a question, you don’t have to.

(Pass out Happy Healthy Me tool)

Please write your name on the booklet in the first white box next to “Name”.

Please write the date in the next white box next to “date”. The data is written on the board. Today’s date is (say current date).

If you have any questions, please raise your hand. [Wait for students to write name and date.]

Question one is about healthy snacks. There is a picture of an apple. Can you find it? Also a picture of carrots, cake, French fries, bananas, and grapes. Now ‘Circle the healthy snacks’. (Wait for children to finish.)

Question 2 is about when you should wash your hands before eating. There is a picture of a girl brushing her hair. Can you find it? Also a boy tying his shoe, a boy blowing his nose, and a girl petting a dog. ‘Circle when you should wash your hands before eating.’ (Wait for children to finish.)

Question 3 is about physical activities. There is a picture a girl playing on her laptop computer. Can you find it? Also, a boy riding his bike, a girl swinging, a girl watching TV, and a boy walking. ‘Circle the pictures that show physical activities.’ (Wait for children to finish.)

Question 4 is about vegetables. There is a picture of broccoli. Can you find it? Also, turkey, cake, carrots, a pretzel, and corn. Now ‘Circle foods from the vegetable group.’ (Wait for children to finish.)

Question 5 is about fruit. There is a picture of bread. Can you find it? Also, an apple, milk, strawberries, French fries, and bananas. Now ‘Circle the foods from the fruit group.’ (Wait for children to finish.)

Question 6 is about grains. There is a picture of cereal. Can you find it? Also, spaghetti, pumpkin, bananas, candy, and bread. Now ‘Circle foods from the grains group.’ (Wait for children to finish.)

Question 7 is about dairy foods. There is a picture of French Fries. Can you find it? Also, pumpkin, candy, ice cream, cheese, and milk. Now ‘Circle the foods from the dairy group.’ (Wait for children to finish.)

Question 8 is about protein foods. There is a picture of grapes. Can you find it? Also, corn, turkey, and an egg. Now, ‘Circle the foods from the protein foods group.’ (Wait for children to finish.)
Almost done. Question 9 is different. It is about eating vegetables at home. The pictures are examples of vegetables. Can you find the broccoli? Also, there is lettuce, carrots, tomato, green beans, a cucumber, celery, a green pepper, potatoes, and cauliflower. Now let's look at the 5 faces. The first face is sad and the word says 'Never'. The next face says 'Almost Never'. The other 3 faces say 'Sometimes', 'Almost always', 'Always'. (Point to each face option.) Question 9 is 'At home, do you have vegetables to eat?' Circle one of the yellow faces. (Wait for children to finish.)

Last question. Question 10 is about eating fruit at home. (point to each face option) The pictures are examples of fruit. Do you see the apple? Also, there is a bananas, grapes, watermelon, strawberries, an orange, a pear, kiwi, blueberries, and cantaloupe. Now let's look at the 5 yellow faces. The first face is sad and the word says 'Never'. The next face says 'Almost Never'. The other 3 faces say 'Sometimes', 'Almost always', 'Always'. (Point to each face option.) Question 10 is 'At home, do you have fruit to eat?' Circle one of the yellow faces. (Wait for children to finish.)

Please put your pencils down when you are done. I will collect your papers. (Walk around room and collect papers making sure the student name and date is on each booklet.)

Thank you for helping me today.


B. Scoring

Instructions:

Questions 1 through 8: Have the children circle what they think are the correct responses. Correct responses are noted in the table. Each picture on the survey is considered its own question. This means that each picture needs to be scored. It also means that a correct response may be circling a picture (e.g., circling the “Apple” as a healthy snack) or not circling a picture (e.g., not circling “Cake” as a healthy snack). “Yes” and “No” in the table below represent the correct responses. “Yes” is an item that should be circled; “No” is an item that should not be circled. For each question, determine the total number of correct responses and enter that value in WebNEERS. If none are correct, enter 0.

For example, if a child circled 1, 2, and 3 for Question 1, the child’s score for Question 1 would be 3 as shown in the table below. 3 would be entered into WebNEERS.

<table>
<thead>
<tr>
<th>Question</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Circle the healthy snacks.</td>
<td>Apple (Yes)</td>
<td>Cake (No)</td>
<td>Carrots (Yes)</td>
<td>Bananas (Yes)</td>
<td>Grapes (Yes)</td>
<td>French Fries (No)</td>
</tr>
<tr>
<td>2. Circle when you should wash your hands before eating.</td>
<td>Girl brushing her hair (Yes)</td>
<td>Boy tying his shoe (Yes)</td>
<td>Boy blowing his nose (Yes)</td>
<td>Girl petting a dog (Yes)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Circle the pictures that show physical activities.</td>
<td>Girl playing on her laptop computer (No)</td>
<td>Boy riding his bike (Yes)</td>
<td>Girl swinging (Yes)</td>
<td>Girl watching TV (No)</td>
<td>Boy walking (Yes)</td>
<td></td>
</tr>
<tr>
<td>4. Circle the foods from the vegetable group.</td>
<td>Broccoli (Yes)</td>
<td>Turkey (No)</td>
<td>Cake (No)</td>
<td>Carrots (Yes)</td>
<td>Pretzel (No)</td>
<td>Corn (Yes)</td>
</tr>
</tbody>
</table>

Number of correct responses by child

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>1</td>
</tr>
</tbody>
</table>

= 3 total correct responses for Question 1. Enter 3 into WebNEERS.

Questions 9 and 10: Have the children circle the response that best fits them. Make sure they only circle one answer. Enter the corresponding response into WebNEERS. For example, if a child circled “Never” for Question 9, enter “1” into WebNEERS.

If the child does not respond to a question on the survey, please do not enter any value into WebNEERS; leave the question blank.

Correct Responses (Yes=Should be Circled; No=Should NOT be Circled)

<table>
<thead>
<tr>
<th>Question</th>
<th>1</th>
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<th>4</th>
<th>5</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Circle the healthy snacks.</td>
<td>Apple (Yes)</td>
<td>Cake (No)</td>
<td>Carrots (Yes)</td>
<td>Bananas (Yes)</td>
<td>Grapes (Yes)</td>
<td>French Fries (No)</td>
</tr>
<tr>
<td>2. Circle when you should wash your hands before eating.</td>
<td>Girl brushing her hair (Yes)</td>
<td>Boy tying his shoe (Yes)</td>
<td>Boy blowing his nose (Yes)</td>
<td>Girl petting a dog (Yes)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Circle the pictures that show physical activities.</td>
<td>Girl playing on her laptop computer (No)</td>
<td>Boy riding his bike (Yes)</td>
<td>Girl swinging (Yes)</td>
<td>Girl watching TV (No)</td>
<td>Boy walking (Yes)</td>
<td></td>
</tr>
<tr>
<td>4. Circle the foods from the vegetable group.</td>
<td>Broccoli (Yes)</td>
<td>Turkey (No)</td>
<td>Cake (No)</td>
<td>Carrots (Yes)</td>
<td>Pretzel (No)</td>
<td>Corn (Yes)</td>
</tr>
<tr>
<td>Question</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
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<tr>
<td>5. Circle the foods from the fruit group.</td>
<td>Bread (No)</td>
<td>Apple (Yes)</td>
<td>Milk (No)</td>
<td>Strawberries (Yes)</td>
<td>French Fries (No)</td>
<td>Bananas (Yes)</td>
</tr>
<tr>
<td>6. Circle the foods from the grain group.</td>
<td>Cereal (Yes)</td>
<td>Spaghetti (Yes)</td>
<td>Pumpkin (No)</td>
<td>Bananas (No)</td>
<td>Candy (No)</td>
<td>Bread (Yes)</td>
</tr>
<tr>
<td>7. Circle the foods from the dairy group.</td>
<td>French fries (No)</td>
<td>Pumpkin (No)</td>
<td>Candy (No)</td>
<td>Ice Cream (Yes)</td>
<td>Cheese (Yes)</td>
<td>Milk (Yes)</td>
</tr>
<tr>
<td>8. Circle the foods from the protein foods group.</td>
<td>Grapes (No)</td>
<td>Corn (No)</td>
<td>Turkey (Yes)</td>
<td>Egg (Yes)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9 Circle your answer: At your home, do you have vegetables to eat?</td>
<td>Never</td>
<td>Almost Never</td>
<td>Sometimes</td>
<td>Almost Always</td>
<td>Always</td>
<td></td>
</tr>
<tr>
<td>10. Circle your answer: At your home, do you have fruits to eat?</td>
<td>Never</td>
<td>Almost Never</td>
<td>Sometimes</td>
<td>Almost Always</td>
<td>Always</td>
<td></td>
</tr>
</tbody>
</table>
C. Survey

INSERT TOOL AFTER MISTY IS DONE
D. Survey Key

INSERT KEY AFTER MISTY IS DONE