

Appendix B

Food and Physical Activity Graphics Handouts

The following pages are the food and physical activity graphics handouts to be used with lesson activities.

Vegetable Group  Page 3

Fruit Group  Page 5

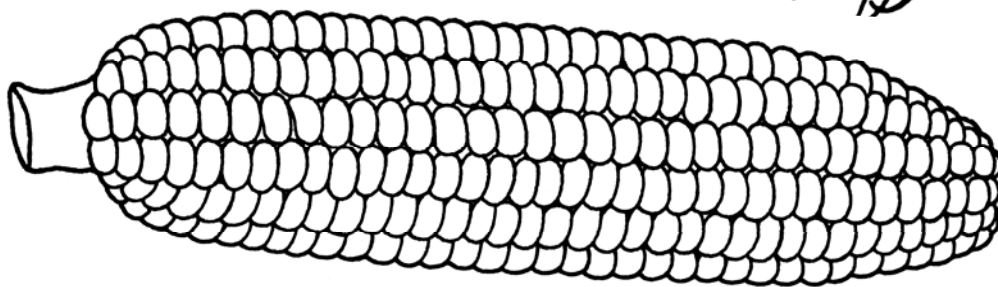
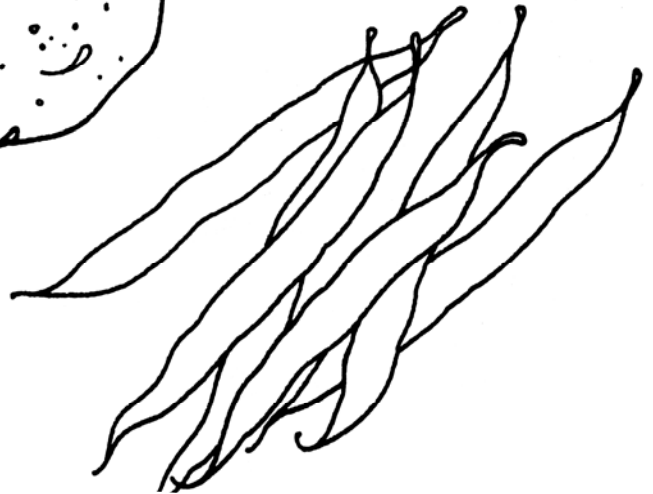
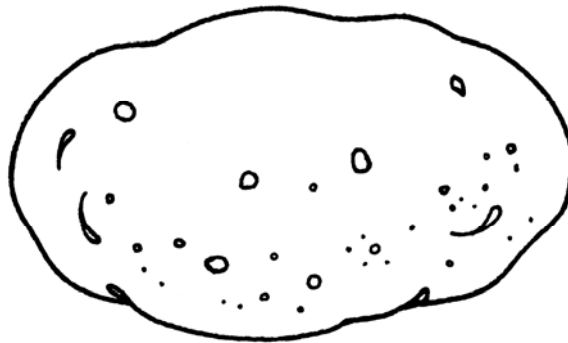
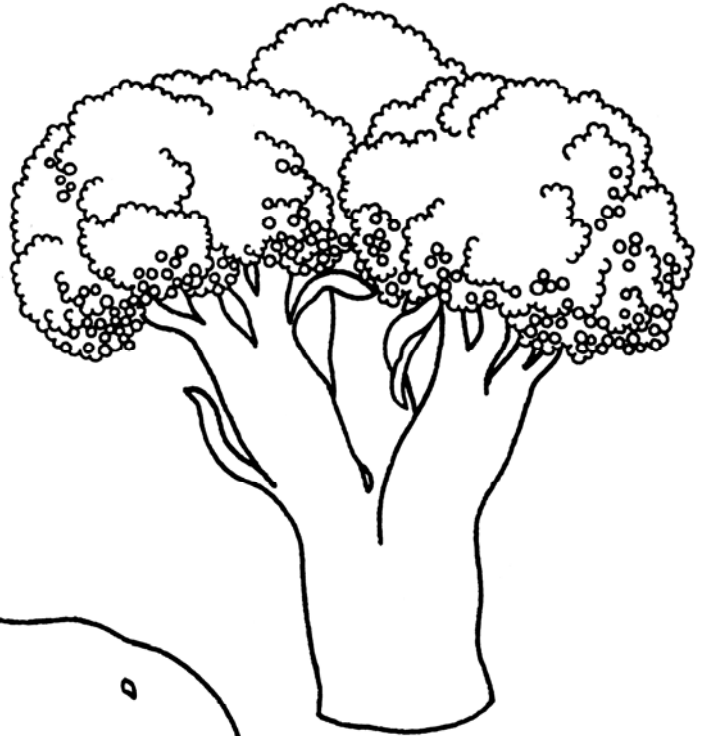
Grain Group  Page 7

Protein Group  Page 9

Dairy Group  Page 11

Sometime Foods  Page 13

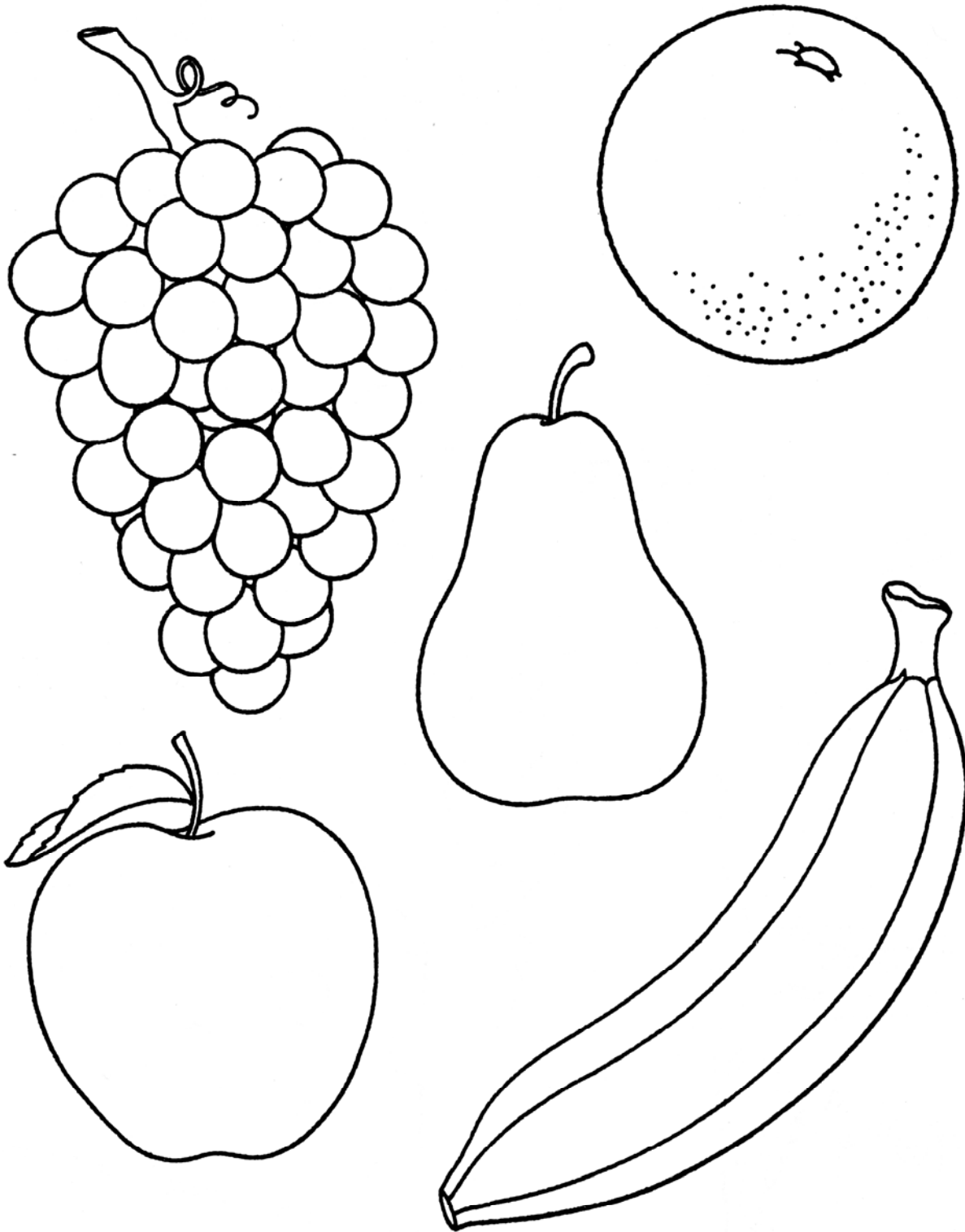
Physical Activities  Page 17



VEGETABLE GROUP



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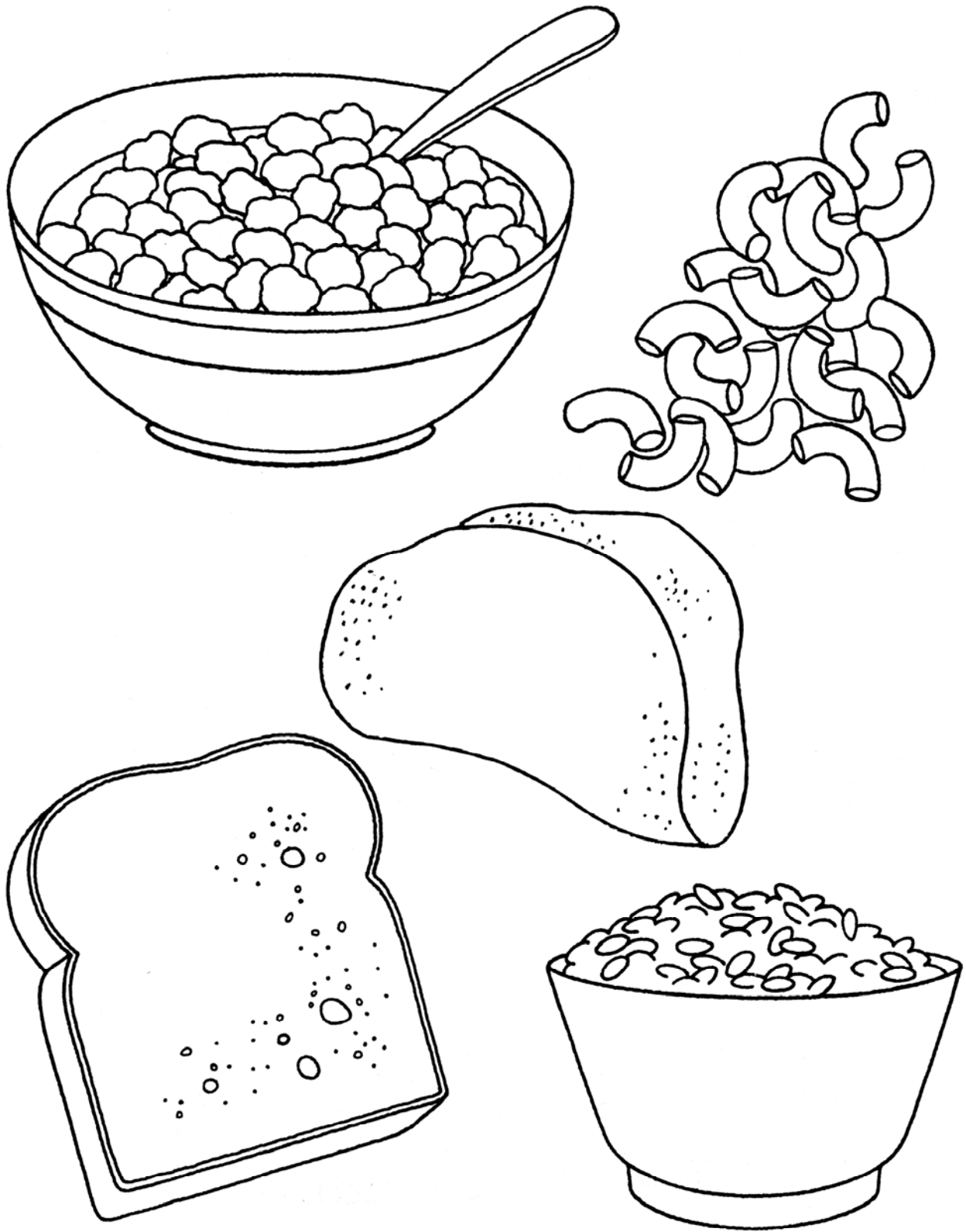


FRUIT GROUP



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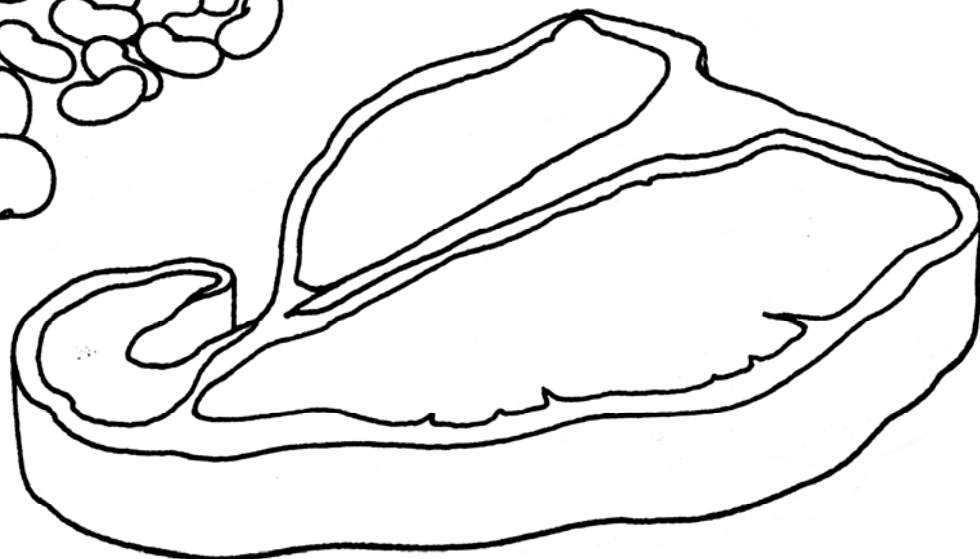
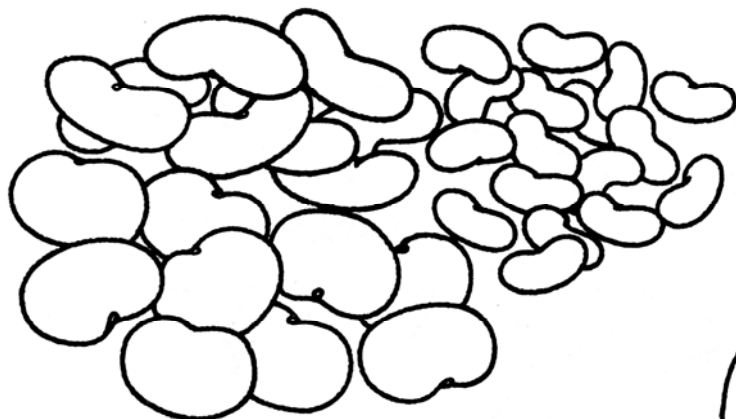
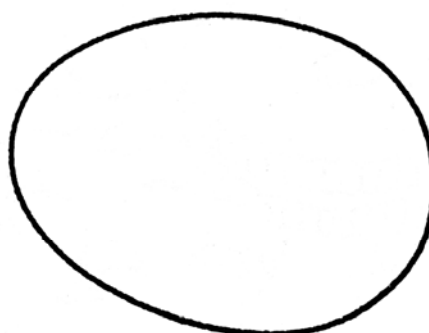
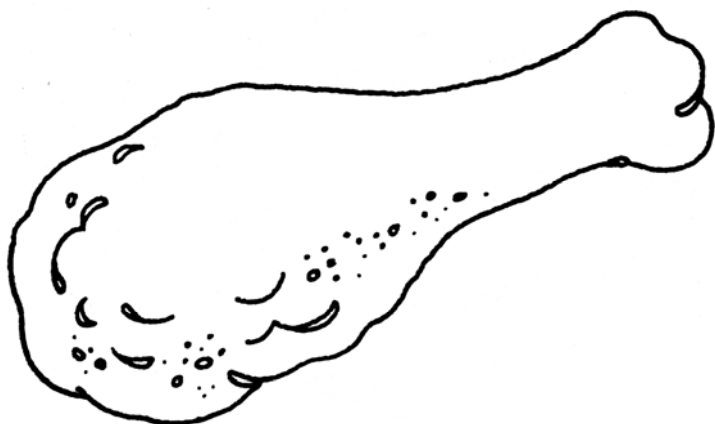
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GRAIN GROUP



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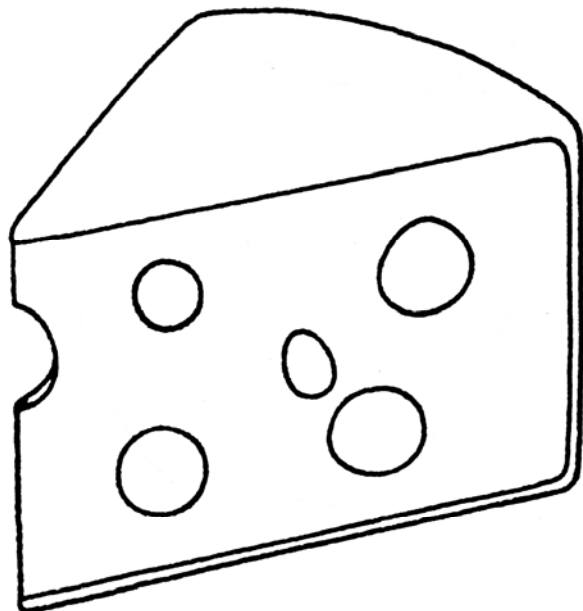
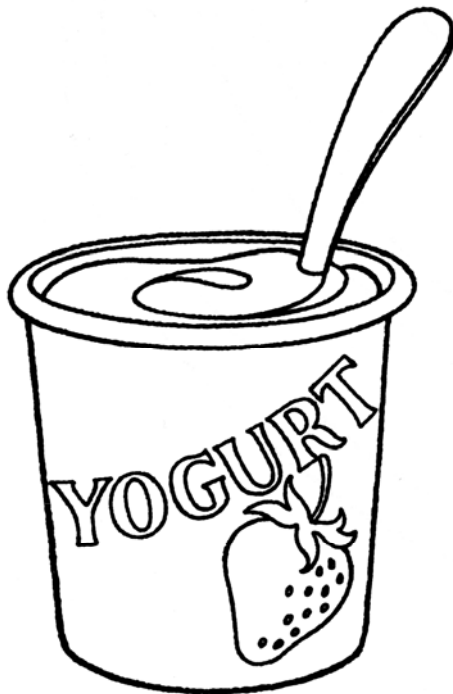
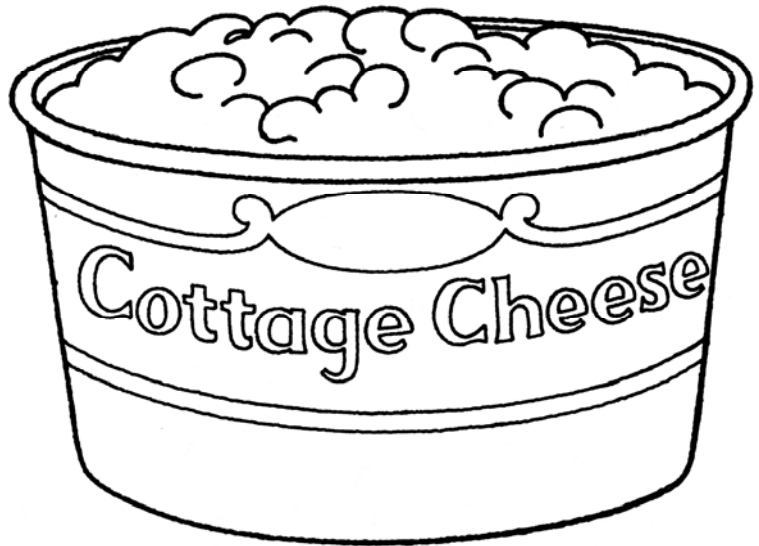
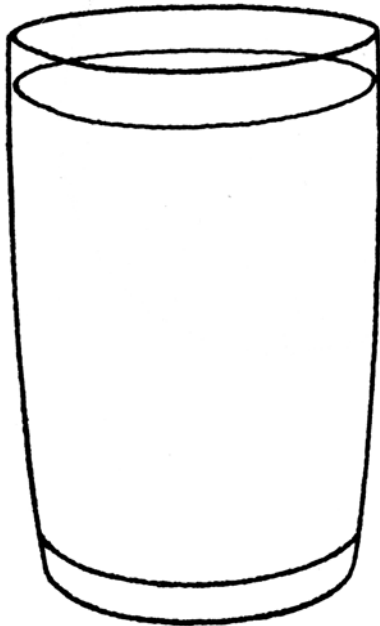


PROTEIN GROUP



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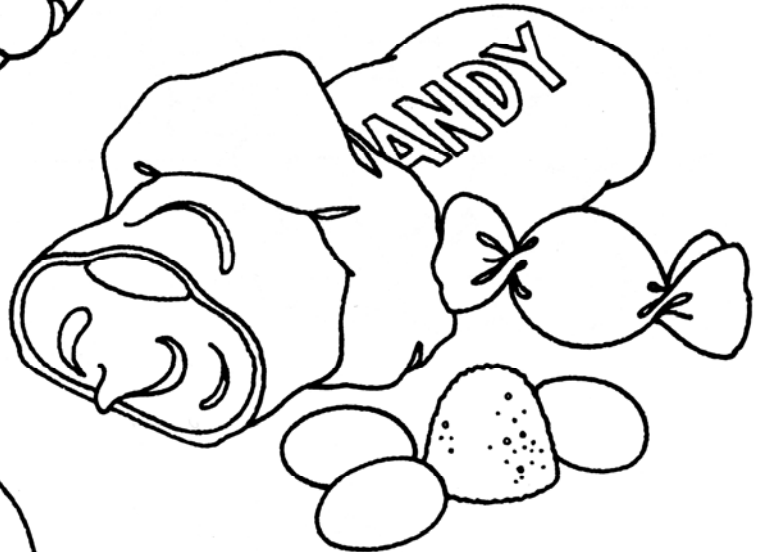
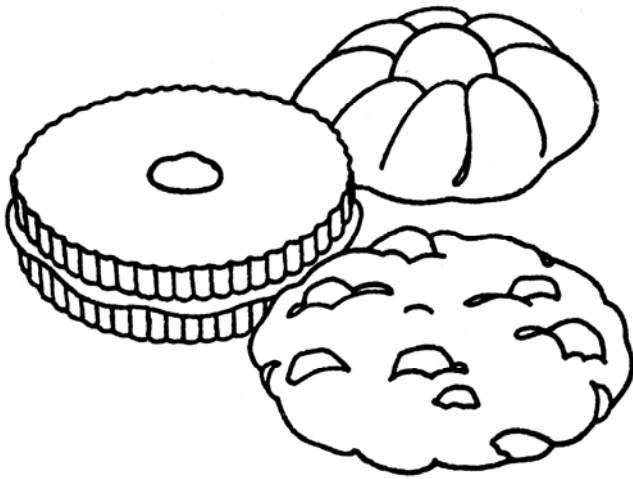
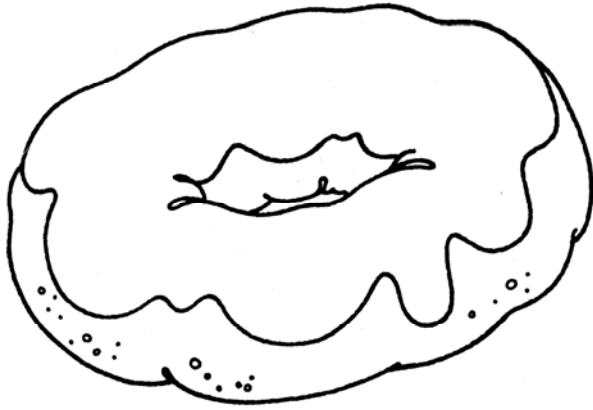


DAIRY GROUP



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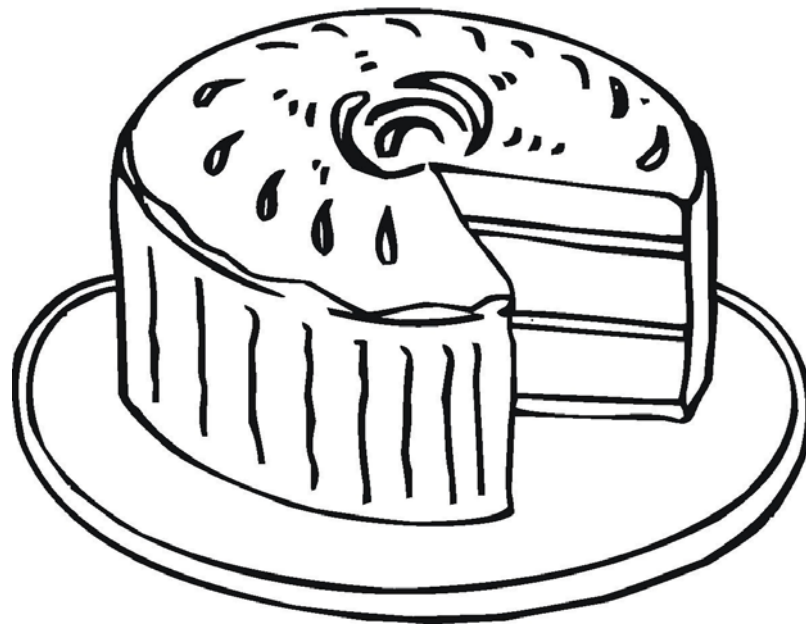
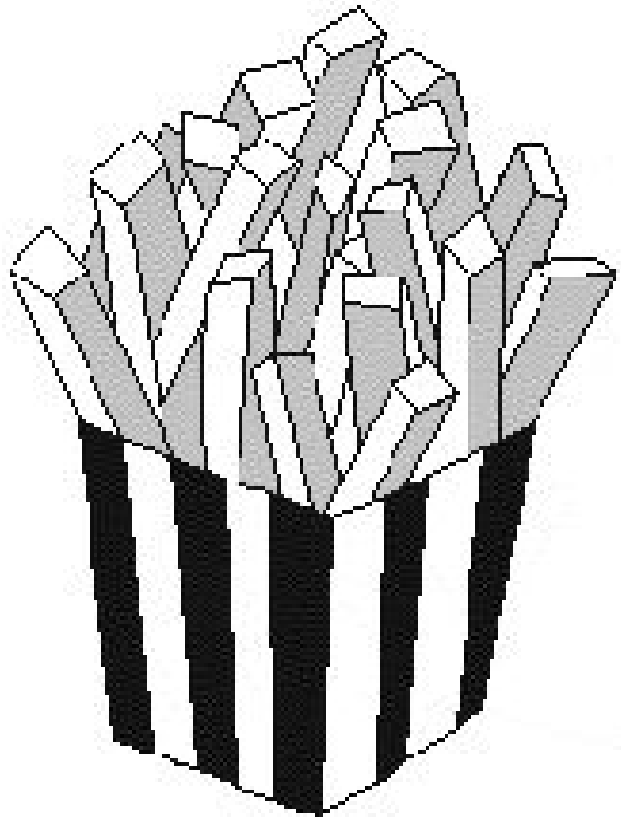


SOMETIME FOODS



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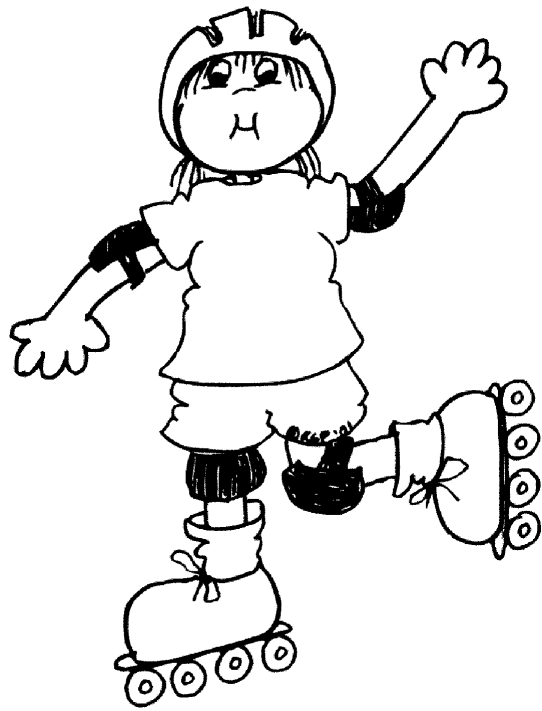


SOMETIME FOODS (continued)



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